



Confirmation Packet 2023 - 2024

Confirmation Prerequisites

1. Attendance at Mass on Sundays and Holy Days of Obligation
2. Successful completion of our Genesis program, (first year of high school faith formation) or Catholic High School Religion classes a year prior to beginning Confirmation preparation (If catholic school student they need to be registered in Genesis prior to registering to Revelation)
3. Completed "In the Beginning Retreat" during Genesis (first year of Confirmation)
4. If you did not attend St. Martha for Genesis we will need a letter sent to our parish, before classes begin, from your previous parish saying that you successfully completed their Faith Formation classes for the year prior and are eligible for Confirmation this year.
5. Must be in 10th, 11th, or 12th Grade

Confirmation Requirement Check-List

- ☐ Regular attendance at Mass on Sundays and Holy Days of Obligation
- ☐ We must have your baptism certificate on file
- ☐ Successful completion Genesis or a Catholic High School religion class the year prior
- ☐ Attend Ignite Nights once a month on Wednesday (100% attendance mandatory)
- ☐ Attend Sunday Life Nights (allowed two absences)
- ☐ Attend MANDATORY Confirmation Retreat January 5 - 7, 2024
- ☐ Turn in Sponsor Form
- ☐ Turn in Saint Report
- ☐ Complete 12 hours or more of volunteer hours at St. Martha, or attend one of our service days (dates tbd) and turn in Completion Form
- ☐ Turn in Service Experience Reflection
- ☐ Pass Exit interview in the spring

This program follows directives set by both the Archdiocese of Galveston-Houston and St. Martha, Mary, and Lazarus Catholic Church.

For Questions please contact Luisa Elena Parra via email. luisap@stmartha.com

Other Important Information and policies to know:

- Ignite Nights take place at the Church (4301 Woodridge Pkwy) from 7:30pm to 9:00pm. Confirmand must attend with either their sponsor or parent. We will begin at 7:30pm sharp, so we need all students and sponsors seated by 7:25pm.
- **Service Hours are due April 14th**
- **Saint and Sponsor forms are due October 8th**
- Students must be in dress code while attending all st. Martha Youth Ministry events and while completing their service hours.
- We have a no phone policy during all of our Faith Formation. If a student is on their phone we will take it.
- Confirmation Mass Dates: TBD (as soon as I get the dates from the Archdiocese I will send out a save the date)

Confirmation Retreat Information:

All students are required to attend 2 retreats in high school prior to receiving the sacrament of Confirmation. The first retreat should have been completed in Genesis. The second retreat they must attend will be the second year Confirmation Retreat. This year's retreat will be at Camp Cho-Yeh and will be two nights (January 5-7).

Retreats provide teens with a unique opportunity to step away from the everyday and into an environment where they'll be offered the opportunity to encounter their faith and each other. It is a dynamic way to evangelize, share the gospel, and help form community.

Retreat details will be published and sent out as they are available. Thank you for your patience!

Teens should have already attended a one day retreat last year. If they have not done so, or you have a question about retreat attendance, please contact me by email luisap@stmartha.com



Dress Code for Revelation

Life Night Dress Code – Sundays at Family Life Center

1. No muscle shirts
2. No crop tops
3. No low-cut garments
4. Shirts with offensive language are not allowed
5. No compression shorts
6. Ripped jeans (above the knee) or see-through clothing is not allowed
7. If wearing leggings, shirt must reach mid-thigh
8. No spaghetti straps (3 finger rule)
9. Acceptable shorts / dresses /skirts must be mid-thigh (fingertip length)

Ignite Nights & Church Life Night Dress Code

1. No muscle shirts
2. No crop tops
3. No low-cut garments
4. Shirts with offensive language are not allowed
5. No compression shorts
6. Ripped jeans (above the knee) or see-through clothing is not allowed
7. No leggings
8. Your shoulders must be covered at all times
9. Acceptable shorts / dresses /skirts are to be no shorter than right above the knee
10. You'll need to remove any hats or hoods

Phone Policy

Teens may bring their phones to Life Night for use in communication during parent pickup, but please keep them put away in a pocket from 6:15 - 8:15pm. Phones are a distraction to encountering the community, the teachings, and the faith. If the phone is out, an adult leader will take it away, to be returned to the teen at the end of the night.

Other Devices

No airpods or headphones may be used during youth nights. Smart watches must be on do not disturb.



Service Experience Completion Form

Please remember that the best way to illustrate Christ's presence in our lives is by serving in His Kingdom. That is why Confirmation candidates have the privilege and responsibility to participate in service experiences and opportunities for a **minimum of twelve (12) hours at St Martha, Mary, and Lazarus, friends of Jesus Catholic Church.**

Candidate's Full Name & Email:

Name of Event/Sponsoring Organization:

Date(s): _____ # of Hours Served: _____

Printed Name of Event Supervisor

Signature of Event Supervisor

Email of Event Sponsor/Supervisor: _____

(USE SPACE BELOW IF NEEDED)

Name of Event/Sponsoring Organization:

Date(s): _____ # of Hours Served: _____

Printed Name of Event Supervisor

Signature of Event Supervisor

Email of Event Sponsor/Supervisor: _____



Service Experience Student Reflection

Christian service is viewed as an essential dimension of lifelong discipleship, and it is fundamentally grounded in the candidate's baptism which calls him/her to participate in Jesus' mission to serve. Ideally, Christian service should already be a vital part of the candidate's life, this serves as an opportunity for the candidate to grow deeper in discovering his/her path of living for and in Christ.

Candidate's Full Name & email: _____

What was your service experience? & Why did you choose your specific service experience? (If you volunteer at different places, just choose one.)

What did you learn about servant leadership and discipleship throughout this service opportunity? (5 -7 Sentences)

How was Jesus present in your service experience? (4 to 6 sentences)



Saint Fact Sheet

Candidate's Full Name & Email:

Saints are men and women who have gone before us living a life of heroic virtue. Like us, they were fully human, totally diverse, and still achieved Heaven! You will select a Saint to walk with you and pray for you as you continue in your faith journey.

Saints Name:

Where and when did this Saint live?

How did this Saint die?

What is he or she the Patron Saint of?

What was happening in the area where the saint lived or in the world during the saint's life?

What did this saint do to live a holy life?

(four more questions on the back)



What attributes or virtues does this Saint have that you would like to emulate in your life? Be specific about the traits and qualities you admire about your saint. (4 to 6 sentences)

What is one interesting event in this Saint's life that has impacted you and WHY did it impact you? (4 to 6 sentences)

How did your saint pray?

Did your saint have any specific devotions? (i.e. a devotion to the Virgin Mary, to the Sacred Heart of Jesus etc.) How did they live this devotion?



Sponsor Form

Candidate's Full Name & Email:

A Confirmation sponsor is a mentor for and witness of a faith filled life. Teens should choose a mature person of faith who is capable of meeting or speaking regularly with them. Other requirements of a sponsor are as follows:

1. A sponsor must be at least 16 years of age.
2. A sponsor must have received the Sacraments of Baptism, Eucharist and Confirmation. (If married, the sponsor must have been married in the Catholic Church)
3. A sponsor must be an active Catholic who regularly participates in the Liturgy and the Sacramental life of the Church.
4. A sponsor may not be the parent of the candidate.

Once you have decided who you would like to be your sponsor, please print out the Potential Sponsor Letter and give it to the adult you asked. It will help them understand the role of a sponsor in your Confirmation journey. This letter can be found below. After your sponsor has read the Potential Sponsor Letter and agreed to be your sponsor, please fill out the form below.

Sponsor Info:

Sponsor's Full Name & Email Address:

The Sponsor is a registered member of
_____ Parish, (Name of Church)

Sponsor's Parish location:
_____.(City and State)

Sponsors must be in good standing with the Church. Sponsors must have received: Baptism, Eucharist, Reconciliation and Confirmation. They must be a registered, active member of their parish



Potential Sponsor,

A teen has asked you to be a sponsor for his or her Sacrament of Confirmation. Congratulations! A sponsor plays a very important role in a teens preparation for Confirmation and commits to continuing to walk alongside them during and after receiving the Sacrament. This letter will outline the expectations and requirements of a sponsor so that you can make an informed decision.

As a Confirmation sponsor you are a mentor for and witness of a faith filled life. You should be a mature person of faith, capable of meeting or speaking regularly with the candidate. You should also be comfortable conversing, praying, questioning, and growing in an intentional discipleship relationship with the candidate. Other requirements to be a sponsor are as follows:

1. A sponsor must be at least 16 years of age
2. A sponsor must have received the Sacraments of Baptism, Eucharist and Confirmation. (If married, the sponsor must have been married in the Church)
3. A sponsor must be an active Catholic who regularly participates in the Liturgy and the Sacramental life of the Church
4. A sponsor may not be the parent of the candidate

Here at St. Martha, Mary, and Lazarus, friends of Jesus Catholic Church, we want to support you as you support your candidate. We will send an email with additional information for the Confirmandi and their family to pass on to you regarding our Ignite Nights, and Confirmation Masses.

Please pray about being a sponsor and discern whether or not you are able to fully support this teen in this journey and throughout their whole life as a Catholic Christian. If you have any questions, please do not hesitate to contact me by email at luisap@stmartha.com

In Christ through Mary,

Luisa Elena Parra

Coordinator of Confirmation
St. Martha Catholic Church – Faith Formation Campus
3702 Woodland Hills Dr
Kingwood, TX 77339
E-mail: luisap@stmartha.com